

Practice Ice

Requirements for Different Types of Practice Ice Sessions

ALL LEVELS – for skaters all levels. The skater must possess their own skates and be able to train without supervision. Figure, hockey, and speed skates are permitted.

ALL LEVELS excluding ELITE – for skaters all levels excluding Elite skaters. The skater must possess their own skates and be able to train without supervision. Figure, hockey, and speed skates are permitted.

PRACTICE ICE (SKUK8 AND ABOVE) - for skaters whose minimum standard is passed Skate UK level 8 and higher. The skater must possess their own ice skates (no hockey or speed skates allowed) and be able to train without supervision.

COMPETITIVE – for competitive skaters from all figure skating disciplines: Ice Dance, Synchronized Skating and Figure Skating Singles & Pairs, that are on the BIS National Rankings for current or previous competitive season, and meet minimum criteria for their discipline as follows:

- **COMPETITIVE ICE DANCE SKATERS:**
 - **ADVANCED NOVICE** Solo Ice Dance and Ice Dance Couples as per BIS criteria
 - Passed BIS Skills Level 6

- **COMPETITIVE SYNCHRONIZED SKATERS:**
 - **JUNIOR** Synchronized skaters as per BIS criteria
 - Passed BIS Skills Level 5

- **COMPETITIVE FIGURE SKATERS – SINGLES:**
 - **BASIC AND INTERMEDIATE NOVICE** figure skaters, as per BIS Generic Criteria, that meet the following requirements:
 - a) ISU age eligible
 - b) Achieved Qualifying Score for the British Championships Qualifier
 - **ADVANCED NOVICE** figure skaters, as per BIS Generic Criteria; ISU age eligible
 - **COMPETITIVE FIGURE SKATERS** that have passed minimum BIS NATIONAL 7 test and All BIS Skills levels (ISU and non-ISU age)

- **COMPETITIVE FIGURE SKATERS – PAIRS:**
 - **BASIC NOVICE** pair skaters as per BIS criteria
 - Passed BIS Skills Level 5

ELITE – for higher level competitive skaters from all figure skating disciplines: Ice Dance, Synchronized Skating and Figure Skating Singles & Pairs, that are on the BIS National Rankings for current competitive season, and meet minimum criteria for their discipline as follows:

- **ELITE ICE DANCE SKATERS:**
 - **JUNIOR** and **SENIOR** Solo Ice Dance and Ice Dance Couples as per ISU criteria that:
 - a) have passed all BIS Skills levels
 - b) have qualified for the British Figure Skating or Solo Ice Dance Championships in the current or previous season

Practice Ice

Requirements for Different Types of Practice Ice Sessions

- **ELITE SYNCHRONIZED SKATERS:**
 - **SENIOR Synchronized skaters as per ISU criteria that:**
 - a) have passed BIS Skills level 6

- **ELITE FIGURE SKATERS – SINGLES:**
 - **SENIOR skaters as per ISU criteria that:**
 - a) have qualified for the British Figure Skating Championships in the current or previous season
 - b) have Double Axel (clean or q) landed in competition in the current or previous season (pdf proof; fallen, < or << jumps are not accepted)
 - **JUNIOR skaters as per ISU criteria that:**
 - a) have qualified for the British Figure Skating Championships in the current or previous season
 - b) are on the BIS Junior Development, Futures, or Performance Squad
 - c) have passed all BIS Skills levels
 - d) have Double Axel (clean or q) landed in competition (pdf proof; fallen, < or << jumps are not accepted)
 - **ADVANCED NOVICE skaters as per ISU criteria that:**
 - a) have qualified for the British Figure Skating Championships in the current or previous season
 - b) are on the BIS Advanced Novice Development or Futures Squad
 - c) have passed all BIS Skills levels
 - d) have Double Axel (clean or q) landed in competition (pdf proof; fallen, < or << jumps are not accepted)

- **ELITE FIGURE SKATERS – PAIRS:**
 - **SENIOR pair skaters as per ISU criteria that:**
 - a) have qualified for the British Figure Skating Championships in the current or previous season
 - b) have any double or triple Solo Jump (clean or q) landed in competition in the current or previous season (pdf proof; fallen, < or << jumps are not accepted)
 - c) Double Twist AND Group 5 Lift (to be proven by pdf)
 - **JUNIOR pair skaters as per ISU criteria that:**
 - a) have qualified for the British Figure Skating Championships in the current or previous season
 - b) have 2A or 2Lo Jump (clean or q) landed in competition in the current or previous season (pdf proof; fallen, < or << jumps are not accepted)
 - c) Double Twist AND Group 5 Lift (to be proven by pdf)

INTERNATIONAL SKATERS – reviewed upon request, at the discretion of the Figure Skating Manager